

Tel: 725463 / 725353
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DEPARTMENT OF PSYCHOLOGICAL MEDICINE

REFERRAL FORM TO PSYCHO-ONCOLOGY
PLEASE USE A BLACK BALL POINT PEN AND WRITE CLEARLY
ALL sections of this form MUST be completed

DATE OF REFERRAL		PATIENT STATUS: - IN-Patient <input type="checkbox"/>	Out Patient <input type="checkbox"/>
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PATIENT DETAILS

FULL NAME		HOSPITAL No:	
ADDRESS		Ward No:	
		DATE OF BIRTH	
		STATUS	MR. MRS. MS. MISS DR. PROF. OTHER
POSTCODE		TEL No:	
		MOBILE:	
PATIENT MAY BE CONTACTED BY TELEPHONE:		YES <input type="checkbox"/>	NO <input type="checkbox"/>
Has the patient asked for a preference of gender of therapist		YES <input type="checkbox"/>	No <input type="checkbox"/>
This referral has been explained to the patient; the patient has agreed to it in principle: Yes <input type="checkbox"/> No <input type="checkbox"/>			
GP:		Is the patient able to attend the Cancer Care Centre?	

REFERRER DETAILS

TEL No:		CONSULTANT SPECIALISM	
NAME & SPECIALISM OF REFERRER		OTHER PROFESSIONALS INVOLVED (e.g. CPN; DN)	

DIAGNOSIS/BACKGROUND INFORMATION

REASON FOR REFERRAL

REFERRER SIGNATURE:

REFERRAL PROTOCOL & GUIDELINES

ALL REFERRALS MUST BE MADE BY COMPLETING THIS FORM (IN FULL). PLEASE COPY FOR YOUR PATIENT RECORDS AND SEND TOP COPY TO: -

PSYCHO-ONCOLOGY SERVICE, CANCER CARE CENTRE, YORK HOSPITAL OR FAX TO 01904 721282

Psycho-oncology Team

Dr Joanne McVey
Dr Philip Molyneux
Dr Paul Blenkiron
Dr Anita Wraith
Jo Barker

Consultant Clinical Psychologist
Clinical Psychologist
Consultant Liaison Psychiatrist
Clinical Psychologist
Administrator

Psycho-oncology Service Contact Telephone No: 725463

(Alternatively contact main Psychology Dept on: 725353)

The psycho-oncology service is for adult patients (or relatives) being treated for cancer by departments within York Hospital, who are experiencing psychological difficulties related to health issues or treatment.

If in doubt, please contact the Psycho-oncology Service to discuss your referral.

Services Offered

Assessment consultation and therapy to individuals, couples, families, carers and groups to inpatients or outpatients, Co-working with other health professionals is also an option that can be arranged.

Who do we see?

We see adults who are experiencing a wide range of psychological difficulties, where there is:

- Depression, anxiety, panic or a phobia associated with their cancer care
- A disproportionate emotional response to illness (negative beliefs, difficulty coping)
- Non-adherence to treatment or health advice
- Health anxiety (eg extreme fear of cancer returning despite good prognosis)
- Body image and self esteem issues (eg after surgery)
- Bereavement

Who do we see urgently?

We will offer patients an assessment appointment for psychological therapy within 4 weeks of receipt of an outpatient referral in the following circumstances

- To allow a patient to receive urgent medical treatment which is being prevented by psychological distress
- To support and prepare the highly distressed patient when they are required to make a decision regarding their medical care or treatment and feel unable to do so
- To help prevent loss of a job which is under immediate threat due to poor coping with a medical condition
- To help support patients who are pregnant and families with dependants

Liaison Psychiatry Service

Dr Paul Blenkiron can provide advice, consultation and assessment regarding:

- Psychiatric diagnosis/ treatment, including use of mental health medication
- Risk review (suicide/harm to self/harm to others) and capacity issues
- Impact of a pre-existing severe mental illness (eg psychosis or bipolar disorder) upon cancer care

Who don't we see?

We do not see people who are more appropriate for other services or who are unlikely to benefit from therapy. This includes people with the following difficulties:

- Normal short term distress (which may well prove to be short-lived, e.g recent trauma, relationship crises)
- Primary and current drug or alcohol misuse
- Severe antisocial/violent/criminal behaviour

Other professions to consider when making a referral

Macmillan nurses/Palliative Care Team, Site-specific specialist nurses, Social work, Relate – for longstanding marital distressed not related to diagnosis/treatment, Specialist sector community mental health teams.